

ACT OF CONTRITION

1 - Father, I have sinned against you and am no longer worthy to be called your son. Be merciful to me a sinner. **(Luke 15;18, 18;13)**

2 – Lord Jesus, you opened the eyes of the blind, healed the sick, forgave the sinful woman, and after Peter’s denial confirmed him in your love. Listen to my prayer: forgive my sins, renew your love in my heart, help me to live in perfect love with my fellow Christians that I may proclaim your saving power and love to all the world.

3 – Lord Jesus, you chose to be called a friend of sinners. By your saving death and resurrection free me from my sins. May your peace take root in my heart and bring forth a harvest of love, holiness and truth.

4 – O my God, because you are so good, I am sorry that I have sinned against you, and with the help of your grace I will not sin again.